

BIODATA

Name : Dr. Tage Sepi (MPT, MIAP)
Age : 29 yrs
Gender : Female
Relationship Status: Unmarried
Nationality : Indian
Address : Quarryline
Hapoli, Ziro
Lower Subansiri District, Arunachal Pradesh
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Educational Qualification:

	Board/University	Year of passing	Percentage
10 th	CBSE	2007	65.4%
12 th	CBSE	2010	58%
BPT	RGUHS, Bangaluru	2016	71.4%
MPT	JNU, Jaipur	2019	80%

Job experience:

1. Worked as a consultant physiotherapist for 10 months in Siang Physiotherapy Centre, Naharlagun, Arunachal Pradesh. (2016-2017)
2. Worked part-time as a Physiotherapist for 1 year during MPT Session, under 'MY PHYSIO' Jaipur, Rajasthan. (2018-2019)
3. Worked as a Guest Lecturer at Indira Gandhi Technological and Medical Science University, Ziro, Arunachal Pradesh. (2019-2020)

4. Currently working as an Assistant Professor at Indira Gandhi Technological and Medical Science University, Ziro, Arunachal Pradesh since 2020.

Skill development:

1. Aerobic and fitness, Pilates, Prenatal and Post Natal care, IAFT
2. Myokinetic Chain Release and Activation Technique
3. K-CAT
4. Shoulder Rehabilitation
5. Vestibular Rehabilitation for patients with BPPV
6. Cupping Therapy

Conferences and Seminar Attended:

1. Youth Physio conclave- 2017 & 2018
2. Female Physio Summit- 2018 & 2019
3. Manual Therapy Conference, Jodhpur – 2017
4. OMPTCON, Delhi – 2018

Achievements:

1. 2nd Prize in Paper presentation, Jodhpur Manual Therapy Conference
(Topic: Correlation between waist circumference and back extensor endurance in collegiate female)
2. Star Student, Delhi Jamia AOMPTCON

Beyond the Horizon:

1. Volunteered as Physiotherapist in Physio-Sewa camp, Amritsar - 2018
2. Volunteered as Physiotherapist during ZCC-XC - 2021
3. Volunteer (Sports Physiotherapist); National Sports Festival, at Ziro, India- 2019.

Thesis topic (MPT): Severity of Anxiety and Depression in caregivers of children with cerebral palsy and its relation to the type of cerebral palsy.

Project Work (BPT): Role of Physiotherapy in Alkaptonuria

Paper Publication:

1. Tage Sepi , Himanshu Mathur , Ashutosh Sharma, COMPARISON OF SEVERITY OF ANXIETY AND DEPRESSION IN CAREGIVERS OF CHILDREN WITH CEREBRAL PALSY AND ITS RELATION TO THE TYPE OF CEREBRAL PALSY, International Journal of Science and Healthcare Research Vol.5; Issue: 4; Oct.-Dec. 2020 Website: ijshr.com, ISSN: 2455-7587
2. Takhe Junja, Tage Sepi, Somsankar Mukherjee, SCOPE OF PRACTICE AND CHALLENGES FACED BY PHYSIOTHERAPIST IN ARUNACHAL PRADESH, Universe International Journal of Interdisciplinary Research, Volume 2 Issue 2 Pages 183-201, DOI NO.: 08.2020-25662434 DOI Link: <https://www.doi-ds.org/doilink/08.2021-11855853/UIJIR>, <https://uijir.com/scope-of-practice-and-challenges-faced-by-physiotherapist-in-arunachal-pradesh>.
3. Tage Sepi, Somsankar Mukherjee, IDENTIFICATION OF OBSTACLES DURING CLINICAL EDUCATION FOR INDIAN PHYSICAL THERAPIST STUDENTS.; international journal of novel research and development; Volume 7 Issue 4 Pages 624-631 Publisher IJ Publication ; <https://www.ijnrd.org/papers/IJNRD2204072.pdf>.